

Our get-in-shape competition for new mums

- Had a baby in the last 18 months?
- Wanting to lose weight and get fit?
- Need flexibility in your exercise options?
- Want to take your baby with you to fitness classes?
- Need the right advice?
- Need it all to be low cost?

Sponsored by:
SomeBody Weigh Better



We've sourced great value fitness classes, Personal Training and weekly advice as part of our nationwide competition rewarding Mums for getting fit and healthy.

Compete for a better life AND WIN \$\$\$\$\$\$!

Over \$25,000 of prizes already shared amongst 250 New Zealanders. **Starts July. Enter now!**

catchfitness
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WEEK
BODY & LIFESTYLE COMPETITION

0800 000 929
www.20weeks.co.nz
or see your personal trainer