

Green Prescription Patient Support Person (Re-advertised)

Are you passionate about supporting others to lead active healthy lives?

If the answer is yes, we want to hear from you.

Sport Canterbury is looking for a dynamic and enthusiastic individual to join our Green Prescription Team in Christchurch.

As a Green Prescription (GRx) Patient Support Person you will be responsible for:

1. Contacting patients referred to GRx and over a series of consultations coach and support them to engage in lifelong physical activity.
2. Delivering our community based group wellness programmes.

The ideal candidate will have:

- Experience working in the exercise sector, and knowledge of exercise prescription in special populations
- Empathy with the exercise needs and motivations of inactive adults
- Excellent oral and written communication skills
- Experience in group facilitation
- An ability to deliver a basic exercise class
- A high level of motivation, and be well organised
- An ability to work as part of a team
- An understanding of the health benefits of physical activity
- Able to work flexible hours
- Competency with email, word and basic database entry

For a detailed Position Description and Application Form please contact Trudy on 373 5056 or email trudy@sportcanterbury.org.nz

Applications along with a covering letter close Tuesday 6th July 2010.

Please address applications to:

GRx Patient Support Position
Sport Canterbury
P O Box 2606
Christchurch 8140

